

## Quarterly Employment Updates

English Speakers (ES) in the Montérégie-Centre aged 15+ who reported being unemployed



10.3%

Aged 15+ years: **3,555**

Total ES population: **63,650**



Source: CHSSN RTS de la Montérégie-Centre - ES Population aged 15+ years, 2021 Census

## Resources to Help Find a Job

- Job Bank ([www.jobbank.gc.ca/home](http://www.jobbank.gc.ca/home)) is a service offered by the Government of Canada which offers 105,000 monthly job opportunities in various industries, it is a great resource for job seekers, offering a comprehensive database of job listings across the country.
- Quebec Emploi ([www.quebecemploi.gouv.qc.ca/plateforme-emploi](http://www.quebecemploi.gouv.qc.ca/plateforme-emploi)) is a job bank that offers various job opportunities within Quebec and allows you to search based on your preferences.
- Indeed ([ca.indeed.com](http://ca.indeed.com)), is a valuable tool for job seekers, offering a vast database of job listings across various industries. Indeed, also allows job seekers to upload their resumes and receive personalized job recommendations.
- LinkedIn ([ca.linkedin.com/jobs](http://ca.linkedin.com/jobs)) offers a professional platform where users can network, showcase their skills, and connect directly with employers.

## Local Organizations to Assist With Employment

- Coffre ([coffre.ca](http://coffre.ca)) An employment advice centre aiming to help woman, brings together two corporations under the same roof: COFFRE (1982) and Droit à l'emploi (1989).
- Espace Pivot ([espacepivot.ca](http://espacepivot.ca)) Espace Pivot offers services mainly focused on job search, academic and professional orientation, project or business creation, and independence development for ages 15-35.
- SDEM SEMO ([sdem-semb.org](http://sdem-semb.org)) offers employment assistance for people with physical and cognitive disabilities.



ARC is dedicated to assisting and empowering the English-speaking community in the Monteregie-Centre.

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[www.arc-hss.ca](http://www.arc-hss.ca)

We can help you with your search for employment! Contact us at: ☎ (514) 712-6575

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