

Quarterly Employment Update

4,169,900

Working population in Quebec

5.6% Unemployed in Québec

4.5% Unemployed in Montérégie

Top 3 industries for English Speakers (ES) living in the Monteregie were reported as:

- Retail trade (12.3%)
- Professional, scientific and technical services (11%),
- Accommodation and food services (10.6%)

Source: PERT Employment profile in the Montérégie, 2021 Census

Here are some helpful interview questions to help you prepare for your next opportunity

1 Q: Tell us a bit about yourself?

A: Take them through your key accomplishments such as academic background, and how your employment journey began, skills you have learned and how they are transferable to the job, and share what you're hoping to accomplish in the next parts of your career journey.

2 Q: Why did you apply for this position?

A: Avoid bringing up money or any benefits offered, but rather consider doing prior research on your employer, you can talk about some of their values, or projects that seem interesting to you. This will show you are fully invested in the organization outside of simply the benefits or salary.

3 Q: Why are you looking to leave your current position?

A: Over time I have found that my current position is not challenging enough for me and I feel it is time for a change. I want to be in an environment that will challenge me and provide opportunities to grow and become the best possible version of myself (you want to answer this without any hesitation and avoid speaking bad about prior employers or colleagues).

4 Q: What is your greatest weakness?

A: Try and talk about flaws that can also turn out to be positive qualities. For example, mention that you are someone who is very meticulous to detail and likes to take their time when working on projects.

5 Q: Tell us about a challenge or conflict you overcame at work?

A: Talk about how you overcame specific obstacles, and the resources you used to do so and how it resulted in a positive result.



ARC is dedicated to assisting and empowering the English-speaking community in the Monteregie-Centre.

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We can help you with your search for employment! Contact us at:

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